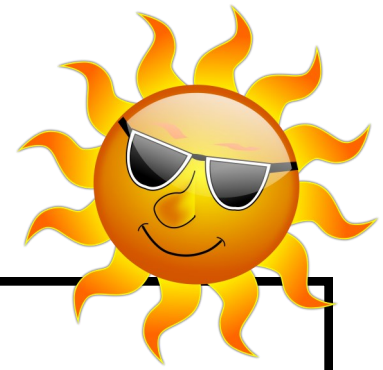




SENIOR CENTER NEWSLETTER

June 2023
609-371-7192



Dear Friends,

REMINDER: Primary Election is Tuesday, June 6. Polls are open from 6 A.M. to 8 P.M.

REMINDER: Early In-Person Voting Is Friday, June 2 through Sunday, June 4 at Seven Sites in Mercer County, Including East Windsor at the Hickory Corner Branch Library (138 Hickory Corner Road). Early Voting hours are **Friday and Saturday, 10 A.M. to 8 P.M. and Sunday, 10 A.M. to 6 P.M.** Voters can cast their ballot at any of the Mercer County early voting sites.

CALENDAR: East Windsor Township Free Summer Events at Etra Lake Park:

- **Saturday, July 1** (rain date - Monday, July 3) ***East Windsor Independence Day Celebration: 6 pm, Jerry Rife's Rhythm Kings Dixieland Jazz Band***, 6 piece band from the Delaware Valley area best known for its traditional jazz sound. ***7:45 pm, Trenton Brass Quintet Plus One***, 6 piece ensemble from Central Jersey performing "Americana" and a variety of popular melodies. Approximately 9:30 pm, **Fireworks**.
- **Sunday, July 16 at 6 pm Winslow:** Eagles Tribute Band.
- **Saturday, July 29 at 7 pm Family-Night-In-The-Park:** Large screen showing of the movie "*Lyle, Lyle, Crocodile*" preceded by inflatable rides and games.
- **Sunday, August 6 at 6 pm Yacht Rock Gold:** Yacht Rock Tribute Band featuring hits of the late 1970's to early 1980's.
- **Sunday, August 20 at 6 pm Tupolo Honey:** Van Morrison Tribute Band

These free events are made possible through the generous contributions of many area businesses.

Mayor and Council issued Proclamation to **Moms Demand Action, Mercer County recognizing **National Gun Violence Awareness Day -- June 2**.** The Mayoral Proclamation notes that, "Americans are 26 times more likely to die by gun homicide than people in higher-income nations. New Jersey has the 44th highest rate of gun deaths in the United States with 475 gun deaths every year and a rate of 5.2 deaths per 100,000 people." **Moms Demand Action**, a grassroots organization dedicated to promoting responsible gun ownership and use and keeping families safe, is encouraging citizens to "**Wear Orange**" on June 2 *as a means to honor and remember all victims and survivors of gun violence and to recommit ourselves to doing all that we can to reduce the impacts of senseless gun violence in our community and in our nation.*

Mayor and Council issued Proclamation to **RISE recognizing Community Action Month.** **RISE** administers a variety of programs and services providing social support and opportunities to individuals and families, including food distribution, thrift shop, workforce training and placement, health and wellness education, tutoring, summer enrichment programs.

HAPPY SUMMER, ENJOY!

Mayor Janice S. Mironov

June Newsletter Info

**Sign up begins IN-PERSON
Thursday, June 1 @ 8:45 am**

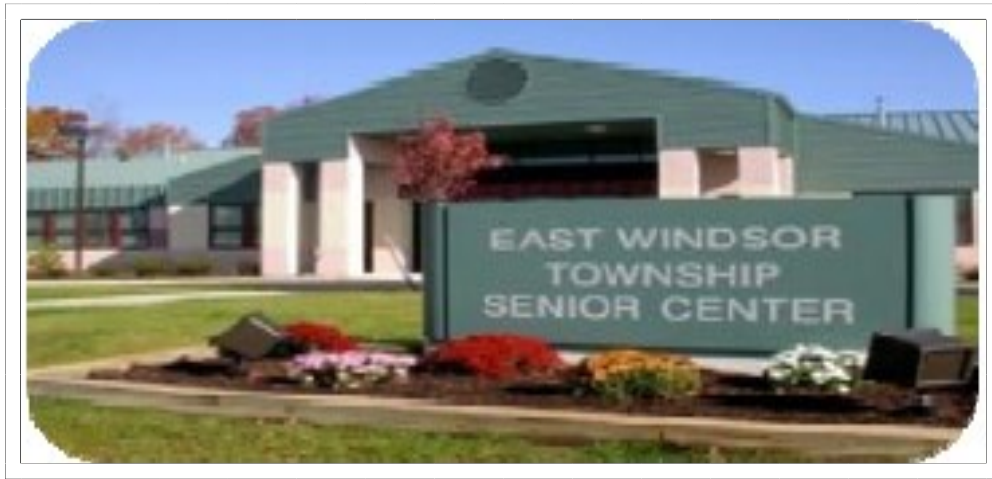
Program Sign Up sheet can be found
in a separate email and in the
lobby of the senior center.

TRIPS SIGN UP

June 1st, 2nd, 5th (deadline on the 5th is 12:00 pm)

Trip Sign Up sheets will be
located in the Art Room





The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 8:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.



East Windsor Township Senior Center
40 Lanning Boulevard
East Windsor, NJ 08520
(609) 371-7192
Email: seniorcenter@east-windsor.nj.us

Kelly Roman
Senior Center Director

Rebecca Liming
Program Coordinator



Janice S. Mironov, Mayor
Marc Lippman, *Deputy Mayor*
Denise Daniels, *Council Member*
Alan Rosenberg, *Council Member*
David Russell, *Council Member*
Peter V. Yeager, *Council Member*
John Zoller, *Council Member*

COVID Safety

Covid Vaccinations
Thursday, June 8
2:00 pm - 3:00 pm

Location: Senior Center

Please call the Health Department to
schedule your appointment
609-443-4000 ext. 222



STAY HEALTHY

Remember to Sign Up



Reminder

Most programs in the
newsletter require
sign up.

Be sure to read
the program you are
interested in for details.

Township Information

E-News Updates

IMPORTANT: Residents Are Encouraged to Register and Urge Other Residents to Register to Receive E-News Updates. E-News is used for alert communications in significant weather and service impacted situations, as well as generally weekly to provide information on new businesses and stores, roadway projects, grants, special events and other subjects of public interest. ([CLICK HERE](#)) or visit the East Windsor Township website at www.east-windsor.nj.us to register for E-News. East Windsor officials seek to expand resident subscribers. **PLEASE SEND THIS E-NEWS INFORMATION TO YOUR EAST WINDSOR FRIENDS AND FAMILY ENCOURAGING THEM TO SIGN-UP**

<https://www.east-windsor.nj.us/e-news>

Are you signed up for Nixel?

Nixle communications system enables immediate text messages to **registered** cell phones and email addresses, to alert residents and businesses about safety and health subjects, such as severe weather conditions, traffic disruptions, road closures, flooding conditions, power outages, and important public health notices as well as other significant community updates and announcements.

<https://www.east-windsor.nj.us/nixle>

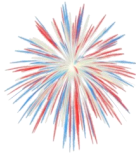
It's time for the Summer Concert Series at Etra Lake Park



These FREE events are made possible through the generous contributions of many area businesses.

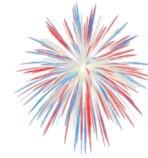


Summer Concerts at Etra Lake Park



Saturday, July 1 (rain date-Monday July 3)

East Windsor Independence Day Celebration



- ◆ **6:00 pm** - Jerry Rife's Rhythm Kings Dixieland Jazz Band, 6 piece band from the Delaware Valley area best known for it's traditional jazz sound.
- ◆ **7:45 pm** - Trenton Brass Quintet Plus One, 6 piece ensemble from Central Jersey performing "Americana" and a variety of popular melodies.
- ◆ **9:30 pm** - Fireworks



Sunday, July 16 @ 6:00 pm

Winslow: Eagles Tribute Band



Saturday, July 29 @ 7:00 pm

Family Night in the Park

Large screen showing of the movie, "Lyle, Lyle, Crocodile" preceded by inflatable rides and games.



Sunday, August 6 @ 6:00 pm

Yacht Rock Gold: Yacht Rock Tribute Band featuring hits of the late 1970's to the early 1980's



Sunday, August 20 @ 6:00 pm

Tupolo Honey: Van Morrison Tribute Band

Senior Freeze - Property Tax Reimbursement



The Senior Freeze Program reimburses eligible senior citizens and disabled persons for [property tax](#) or [mobile home park site fee](#) increases on their [principal residence](#) (main home). To qualify, you must meet all the [eligibility requirements](#) for each year from the [base year](#) through the application year.

2022 Senior Freeze Applications

We will begin mailing 2022 Senior Freeze blue booklets in mid-February, continuing throughout the month. Please allow until mid-March for delivery before contacting us. We mail PTR-1 booklets to homeowners who may qualify and preprinted PTR-2 booklets to eligible homeowners who applied last year. In addition, PTR-1 and some PTR-2 forms are available online.

The deadline for 2022 applications is October 31, 2023.

[Click Here to Access the NJ Division of Taxation](#)

HAPPY
FATHERS
DAY

Sunday, June 18

Volunteer Opportunities

East Windsor Township Mayor and Council Encourage Citizens to Volunteer for Township Boards and Committees in the New Year.

Citizens can apply to serve on the:

- ◆ Clean Communities Advisory Committee
- ◆ Commission on Aging
- ◆ Economic Development Committee
- ◆ Environmental Commission
- ◆ Health Advisory Board
- ◆ Planning Board
- ◆ Recreation Commission
- ◆ Zoning Board of Adjustment
- ◆ East Windsor Municipal Alliance for the Prevention of Substance Abuse.



Residents interested in volunteering can obtain an application form from the municipal clerk or can fill out this form ([CLICK HERE](#)) and return by email to clerk@east-windsor.nj.us, by fax to [\(609\) 443-8303](tel:(609)443-8303), or by drop off or mail to Mayor Janice S. Mironov and Council, East Windsor Municipal Building, 16 Lanning Boulevard, East Windsor, New Jersey 08520.

For further information, call the Municipal Clerk's Office at [\(609\) 443-4000](tel:(609)443-4000), ext. 238.

Bits & Pieces

Don't Forget....

East Windsor has a Medicine Drop Box

The Township, in partnership with non-profit corporation American Medicine Chest Challenge, has installed a permanent medicine drop box to provide residents with a safe, convenient and legal option to dispose of unwanted, unused or expired medications on a year-round basis.

**The permanent drop box
is installed in the lobby of the
Police/Court Building (80 One Mile Road) and is accessible to residents on
a 24/7 basis . For additional information call (609) 448-5678, ext. 236.**

Community Bus



50 cents round trip

The Senior Center community bus is back on the road. We have enhanced our cleaning efforts to include daily disinfecting. Masks are optional while on the bus. We follow NJTransit and CDC Guidelines while on the bus. Eating and drinking are prohibited.

Shopping locations include Shop Rite, Walmart, Target, Dollar Store...
Doctor appointments must be located within East Windsor or Hightstown.

Please call the senior center to reserve your seat.

Monday and Wednesday

Hightstown area 8:30 am
Windsor Crossing area 8:45 am
Twin Rivers 9:15 am

Tuesday and Thursday

The Orchard 8:45 am
Wheaton Point 9:00 am
The Woods 9:00 am
East Windsor side of Rt.130 9:10 am
(Dutch Neck, One Mile Rd, Hickory Corner Rd...)
St. James 9:30

Our Bus is not only used for shopping but also for trips. Please understand the above schedule is subject to change.

***** UPDATED *****

IMPORTANT INFORMATION REGARDING TRIPS

- ◆ Everyone must ride the bus “round-trip.” No exceptions.
- ◆ Straying from the group outside the location of the trip is not allowed.
- ◆ Do not ask the bus driver to go to additional locations.
- ◆ See each trip description for cost.
- ◆ Masks are optional while on the bus.
- ◆ Please call the senior center to sign up 609-371-7192

June Trips



Date: Wednesday, June 7
Departure Time: 10:15 am

Boarding: 11:30 am
Sailing: 12:00 pm - 3:00 pm

This trip is FULL

Lunch Buffet
 Dessert
 Beverages
 Coffee and tea
 Cash bar
 Live DJ and dancing



Pt. Pleasant Beach and Boardwalk

Date: Friday, June 9
Departure Time: 10:00 am
Return Time: 3:30 pm approx

This trip is FULL
 SEE JULY TRIPS
 For additional date

IMPORTANT

Be mindful of what you bring with you. The bus does not have storage for chairs, umbrellas, coolers, or large bags.



Sayen Gardens and Texas Roadhouse

Date: Friday, June 2
Departure Time: 10:00 am
Return Time: 2:30 pm approx

A lot of walking

Community Bus Cost:
 50 cents given to driver.

Texas Roadhouse is pay on your own

This trip is FULL



Atlantic City

This trip is FULL

Date: Friday, June 30
Departure Time: 9:00 am
Return Time: 6:00 pm

Coach Bus Cost: \$25.00
 Exact cash or check

\$20 Free Slot Play



July Trips



Pleasant Valley Lavender Farm

Date: Thursday, July 6
Departure Time: 8:30 am
Return Time: 12:30 pm approx.
Farm Cost: \$15.00 exact cash only



- ◆ Make your own lavender sachet
- ◆ Lavender Lemonade Served
- ◆ Discussion about the uses of lavender
- ◆ \$5 additional if you choose to walk out to the field and pick your own bouquet.
- ◆ Shop the Lavender Store

Community Bus: 50 cents given to driver on day of trip

- ◆ A lot of walking. If you have questions regarding the walking, please see front desk.
- ◆ Port- a-Potty only

Pt. Pleasant Boardwalk

Date: Monday, July 24
Departure Time: 10:00 am
Return Time: 3:30 pm approx



A lot of walking

Community Bus Cost:
 50 cents given to driver on day of trip

Trenton Thunder Baseball Game



Luxury Suite

Date: Wednesday, July 19
Departure Time: 9:30 am
Return Time: 1:30 pm approximately

Let's Play Ball! Trenton Thunder will be playing against the State College Spikes. Enjoy the game in the comfort of a private, air-conditioned, luxury suite. Feel free to step outside to enjoy the game as well.

- | | |
|----------------|---------------|
| • Hamburgers | • Chips & Dip |
| • Hot Dogs | • Pretzels |
| • BBQ Chicken | • Popcorn |
| • Mac & Cheese | • Beverages |
| • Potato Salad | |

A lot of walking

Cost: \$38.00 exact cash or check

Community Bus Cost:
 50 cents given to driver on day of trip



Bye Bye Birdie

Date: Saturday, July 29
Departure Time: Show is 2:00 pm
Return Time: pm approximately

Cost: \$19.00

Community Bus Cost:
 50 cents given to driver on day of trip

Things to do...No sign up required

Visit our new Stationary Equipment Room

New Hours: 8:30 am - 3:30 pm M-F

There will be an attendant in the room to assist and answer any question you may have.



- ◆ 4 Stationary Bikes
- ◆ 2 Treadmills
- ◆ 1 Elliptical
- ◆ 1 Rower



Sneakers are required to use the equipment



Game Room

Pool Tables
Ping Pong
Bridge and Card Games
Board Games
Puzzles

Monday thru Thursday
9:30 am - 11:30
No Bingo on Friday

| BINGO | | | | |
|-------|----|------------|----|----|
| 1 | 27 | 33 | 48 | 75 |
| 8 | 19 | 45 | 56 | 61 |
| 3 | 18 | FREE SPACE | 49 | 69 |
| 15 | 26 | 41 | 53 | 66 |
| 2 | 21 | 37 | 46 | 65 |



Bridge Club
Every Day at
1:00 pm



Chess Club
Every Wednesday
1:00 pm



Computer Room

The computer Room has 8 new computers. These computers are first come, first served.



Our Library
We accept book donations

Tutoring

iPhone 101 1-Hour Private Sessions

NO IPHONE TUTOR IN JUNE

By appointment only

Are there features on your cell phone you don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates



Computer Tutoring 30-Minute Private Sessions

Monday, June 5, 12, 19, 26

By appointment only

- ◆ Are you a beginner with no experience using a computer?
- ◆ Have you never used a computer?
- ◆ Learn how to maneuver the mouse.
- ◆ Do you need help with email?
- ◆ Do you want to print from your computer?
- ◆ Do you want to play Solitaire?
- ◆ Do you need help changing the settings?



Just ask the tutor!

Interactive Programs



Learn the Game of Chess

Every Wednesday
in June @ 1:00 pm

Sign up required

Steve Glassband, an experienced Chess Player, will be here every Wednesday to teach Chess to beginners.



Tuesday, June 20
10:30 am

VIDEO:

How to speak so that people want to listen
[CLICK HERE](#) to view video

SIGN UP REQUIRED

Coin Club Meeting

Tuesday, June 6
2:15 pm



Do you collect coins? Trade coins? Join John Guarniere as he will lead the Coin Club Meeting.

Meeting Moderator; John Guarniere

SIGN UP REQUIRED



Poker Tournament

Prize given
to the winner

Monday, June 19
1:30 pm

Sign up required

- ◆ Two professional Poker tables
- ◆ Casino quality cards and chips
- ◆ Same rules and methods found in any professional card room.
- ◆ Professional Dealers will be on hand to make sure our event will run smoothly and professionally.



Terry Goldstein's
Trivia is back!

Sign up required

Tuesday, June 13
2:00 pm

Test your knowledge
Work your brain
Exercise your memory

Interactive Programs **Sign Up Required**

Paint by Numbers

\$5.00 pp
(one-time fee for materials)

****Limited Supply****

Every Friday @ 10:30 am

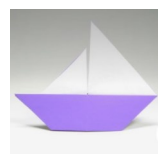
June 2, 9, 16, 23, 30



- ◆ Painting choice may vary
- ◆ Sign Up Required

Crafts with Tanya (origami flowers & boats)

Thursday, June 29
1:00 pm



Instructor:
Tanya Schamper



SIGN UP REQUIRED

Card Making with Alicia

Wednesday, June 7
10:30 am

Father's Day Card

Instructor,
Alicia Vincelette
Ink Edged Paper Art



The schedule for 2023:
2:00 pm

No Current Events in June

July 10

September 11

November 13

Join this monthly interactive discussion as we bring topics of the month to the round table.

Moderator: Terry Goldstein

SIGN UP REQUIRED



Writers Group

Thursday, June 8
10:00 am

Our Writing Instructor: Nancy Cathers Demme

Nancy welcomes you to try your hand at short fiction, memoir, and/or poetry.

Bring 1-2 pages of your own work to read and discuss with other writers or create a writing based on the following prompt:

To spin one's wheels...

"SIGN UP REQUIRED"

Presentations — Sign Up Required

Fraud Against Seniors Common Cons Signs of Elder Abuse



Tuesday, June 13
10:30 am

Scams targeting older adults are on the rise. In 2021, there were 92,371 older victims of fraud resulting in \$1.7 billion in losses. The most common financial scams targeting older people include government impersonations scam, sweepstakes scams, and robocall scams.

Presenter,
Randi Goldberg



Why am I Dizzy?



Thursday, June 15
10:30 am

Join us for a discussion about various types of dizziness, causes, and treatment options.

Presenter,
Pam Rinaldi
Director of Physical Therapy



Tips to Out-Smart Hackers

Monday, June 19
10:30 am

Learn how to recognize and avoid being scammed.



Presenter,
Kat Verdi
MAT, CDP, CADDCT



Flexibility Education

The Most Neglected Part of Physical Fitness



Wednesday, June 14
@ 10:30 am

Flexibility is an essential component of good health and fitness and is especially vital for seniors.

The tasks in your daily life may be getting more difficult to do, like bending down to (or getting up off) the floor. Or, reaching high above, or behind your head. Regular stretching can make a difference.

Presenter:
Atlantic
Physical Therapy



Seniors in Transition

Thursday's:
June 1, 8, 15, 22

**This program
is full**

This **8-week discussion** group is for men and women who are experiencing life-stage changes and are interested in sharing their concerns with others in a comfortable and confidential environment.

Facilitators
Susan Flaster,
RN, BSN, MPA, CMCN

Presentations - Sign Up Required



Using Your Wits

Sign up for current month only

We all know that physical fitness is an important component of healthy aging but did you know that your brain needs a workout too in order to maintain or improve its performance?

Using Your Wits has been developed by Lisa Bayer, from Always Best Care Senior Services, and is an informative, fun and interactive series on keeping our brains healthy as we age. Prior to joining ABC, Lisa was the director of a LearningRx brain training center. Each part of UYW is approximately 1 hour in length.

Thursday, June 22 @ 1:00 pm Sign up in June

Using Your Wits Part 4 will, again, provide an overview of what our cognitive skills are and how they work, with a greater emphasis on memory. We will explore mnemonic devices, the tips and tricks we can use to help us remember things more easily, in greater detail and will finish with some cognitive fitness exercises to give our brains a good work out

Thursday, July 20 @ 1:00 pm Sign up in July

Using Your Wits Part 5 delves into the importance that sleep plays for good brain health. We'll discuss the correlation between sleep and dementia, the reasons that we often don't sleep well and how to promote quality sleep.

Party



Father's Day Lunch (Men Only)

Friday, June 16
11:00 am

Sign up Required

***RSVP Date June 9**
before 12:00 pm

Lecture



D-Day June 6, 1944 – “Why Did It Succeed?”

Tuesday, June 6

1:00 pm

Operation Overlord, the amphibious invasion of north west France on June 6, 1944, the largest seaborne assault ever conducted, was carefully planned over a six month period as a combined, joint service operation. The operation nearly failed. This presentation will review the details of this crucial invasion.

PAUL E. ZIGO, a history professor, author and military historian is the founder and director, of the World War II Era Studies Institute.

In 2014, he authored the book *The Longest Walk: The Amazing Story of the 29th Inf. Division on D-Day 6 June 1944* and in 2017, he co-authored the book *Bataan – When Men Have To Die*, an accounting of the fall of the Philippine Islands to the Japanese in 1942.

Sign Up Required

Lecture

ROBIN WILLIAMS: HIS LIFE AND HUMOR

Friday, June 23

1:00 pm

Widely regarded by critics as one of the funniest comedians of all time, Robin Williams left a legacy of not only laughter, but of unselfish dedication to those in need, including our men and women in the Armed Services. Robin Williams was truly a remarkable person, the likes of which may be classified as “Once In A Lifetime.”

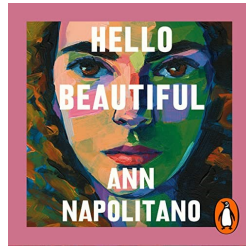


With presenter Larry Wolfert as your guide, come along on the lifelong journey of Robin Williams and through videos, relive his remarkable wit and humanitarian efforts. It is a life worth celebrating.

Social Gatherings - Sign Up Required

Book Club

Thursday, June 29
10:30 am - 11:30 am



Book: *Hello Beautiful*
by Ann Napolitano

Facilitator: Sharon Galbraith Ryer
Hickory Corner Library

SIGN UP REQUIRED



Pin Cushion Corner

Every Tuesday
@ 1:00 pm

Bring your knitting, crochet projects, or needlepoint and socialize with others while working on your project.

SIGN UP REQUIRED



Afternoon Coffee and Chat @ the Senior Center

Tuesday, June 20
@ 2:00 pm

SIGN UP REQUIRED

“Dine Around” is Back!

Let's meet for lunch once a month. We will choose a local eatery for you to enjoy with members of the senior center.

Tuesday, June 27 @ 12:30 pm

Lola Restaurant
1240 Rt. 130 South
(just past Puppy Palace)
Robbinsville



[Click Here for Menu](#)

IMPORTANT: We make reservations based on sign-up. The restaurants take time to arrange tables with place settings and may have to hire help to accommodate us. PLEASE call us if you need to cancel.

This is a pay on your own event.

LET'S GET SOCIAL

Medicare Counselor



Open enrollment for Medicare Advantage plans ends March 31, 2023.

The Medicare counselor will still be available to help you with all of your Medicare questions, such as:

Will you soon be eligible for Medicare and need information on obtaining Parts A and B and understanding the different Medicare options, timelines, costs and benefits?

Have you recently moved from another state to New Jersey and need information on Medicare options in Mercer County, NJ?

Are you or your spouse considering retirement and need information on how Medicare works with your current plans or should you switch to Medicare?

Are you worried about the costs associated with Medicare? Would you like help learning about programs to help with the costs of Medicare and eligibility requirements.

Do you need help understanding the Medicare appeals process?

The Medicare counselor can provide unbiased information with all of these questions and more at no cost to you. For an appointment, call the Senior Center at 609-371-7192

**CALL THE SENIOR CENTER
TO SCHEDULE YOUR APPOINTMENT
609-371-7192**

June 2nd and 16th

Screenings - Appointment Needed

Blood Pressure Screening

Wednesday, June 7
Appointments start
@ 10:30 am



See front desk
to make your appointment

Glucose/Cholesterol Screening

Wednesday, June 21
Appointments start
@ 9:30 am



See front desk
to make your appointment

Hearing Screening



Wednesday, June 28
Appointments start
@ 9:30 am

See front desk to make your
appointment

Exercise Classes

The Senior Center offers daily (M-F) exercise classes. Please visit the front desk for a list of available classes, cost, and how to sign up.



Line Dancing

Don't forget about our Stationary Exercise Equipment Room!



Scam Reminders

IMPORTANT

A newly updated Scam Booklet has been created for the seniors in our community. Please take the time to read it. It has very important information about scams that could easily affect each of us.

[Click Here to Open PDF](#)

If you cannot open the PDF,
please see front desk for a hard copy.

DON'T GET SCAMMED!

BE SCAM SMART

Word Search

Happy Fathers Day

P Z J A S O N E O O X F S E N T I M E N T A L E
G D D E I A P O M U N D E R S T A N D I N G L N
C A C Z M K I N D O I N T E L L I G E N T B L J
D E C G W D X G N I T S U R T D Z L T H A A M E
P L O I A D H L O I F I A W R D G H A T Z X K L
F B M U T R U G X J A W O R M P A Z S Z E H J T
D A P N C Y T O N X T B W N F D E I Q R Q J T N
G I A A H X T R R A H W C R E S P O N S I B L E
E L S F F T N O I P E J S V S U O I R A L I H G
N E S R U F H Q J P R L P R O T E C T I N G S E
E R I A L S T R O N G W I L L E D V D U A S P V
R H O I L U F R E D N O W P M E M O R I E S E I
O Y N D N K R B C P Y S H E L T E R I N G T C T
U L A P E O P U C S T R O N G M D Z T X A S I R
S A T D A V I E M O S D N A H W I S E N Z M A O
D R E P H W O T W K B R I A N N A S O J V A L P
T L O V E E C T A L C H E R I S H I N O F R G P
Q L F Y R E S P E C T E D P S K T S D E A T I U
L A Y O L W P N U D I R R O D C P T E K M H V S
H A P P Y I T Y C E P D V X E F D E S O I L I R
B A B E R K V X K N R Z E F H U Y R S H L M N E
F B D N I K A F O E N O F D Q U J N E J Y N G P
X K R V J M M O T I V A T I N G F R L Q U E O U
Q P R A C T I C A L S Q U O S H W U B G X L D S

Affectionate
compassionate
Emotion
giving
Jason
motivating
reliable
smart
strong
unafraid

Babe
Dad
Family
handsome
kind
one-of-a-kind
respected
son
strong-willed
understanding

blessed
Day
Father
Happy
love
practical
responsible
special
super supportive
watchful

Brianna
Dedication
generous
hilarious
loyal
protecting
sentimental
stable
Thade
wise

Cherish
devoted
gentle
intelligent
Memories
proud
sheltering
stern
trusting
wonderful

Word Search

Summer

Find and circle all of the summer words that are hidden in the grid.
The remaining letters spell an additional summer item.

J U N E S T S S S S Y K S E U L B M
U S M E A U Y E O U H I K I N G S A
S M W E E A N L U B N W A S E Y R E
U T W I R R S G I C A B L N A R E R
N S H V M T C C L T E A U D T V L C
T Y U G I M Y S E A D B I R S S K E
A G L C I C I R N N S L R R N D N C
N R E U L F M N A U O S E A R G I I
O E A E J E R S G H S W E A B N R C
S E D A L B R E L L O R O S R I P R
C N A O F L O G T L T B T E E T S E
H G N I H S I F F A E O A E E A H C
O R C A M P I N G T W T H B Z O C C
O A C I N C I P A W A S P S E B A O
L S F L I E S K M O S Q U I T O E S
T S U G U A S I L L A B E S A B B O
G N I N E D R A G S U N S H I N E N

ANTS
AUGUST
BARBECUE
BASEBALL
BEACH
BEES
BICYCLE
BLUE SKY
BOATING
BREEZE
CAMPING

FISHING
FLIES
FLOWERS
GARDENING
GOLF
GREEN GRASS
HAT
HIKING
HOLIDAYS
HOT
ICE CREAM

JULY
JUNE
MOSQUITOES
NO SCHOOL
PICNIC
ROLLER BLADES
SANDALS
SKATEBOARD
SOCCER
SOLSTICE
SPRINKLERS

SUNBURN
SUNGLASSES
SUNSCREEN
SUNSHINE
SUNTAN
SWEAT
SWIMMING
U V RAYS
WASPS
WATER FIGHTS
WATERMELON

Word Search

Summer Olympics

Find and circle all of the Summer Olympic events that are hidden in the grid.

The remaining letters spell a secret message.

Note: Similarly named events are hidden separately. For example, SWIMMING and SYNCHRONIZED SWIMMING do not overlap.

G T T H E A T H L E T I C S F I R J M S
T N R W E I G H T L I F T I N G U O S B
L T I L Y M G N I T O O H S P D I C I A
L G A L L A B Y E L L O V Y O M N A N S
A G T B C S T R A M P O L I N I N G A K
B N H T L Y T A O F O O T B A L L N I E
Y I L G Y E C A E C H G G I H L G I R T
E L O N E A T V E K Y A N P O L N X T B
L T N I N E C E R M W T I F C A I O S A
L S E E C O T H N S E O C C K B W B E L
O E N O L H T A T N E P N R E D O M U L
V R O N R E S N N I I O E D Y N R F Q T
H W E A N T W I I A N S F S O A N A E D
C I S C I T S A N M Y G C I M H T Y H R
A A C C O G N I V I D M G N I M M I W S
E A S Y R E H C R A W A T E R P O L O N
B S O F T B A L L L L A B E S A B E C I
G N I M M I W S D E Z I N O R H C N Y S

ARCHERY
ATHLETICS
BADMINTON
BASEBALL
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOEING
CYCLING
DIVING
EQUESTRIANISM
FENCING

FOOTBALL
GYMNASTICS
HANDBALL
HOCKEY
JUDO
MODERN PENTATHLON
RHYTHMIC GYMNASTICS
ROWING
SHOOTING
SOFTBALL
SWIMMING
SYNCHRONIZED SWIMMING

TABLE TENNIS
TAEKWONDO
TENNIS
TRAMPOLINING
TRIATHLON
VOLLEYBALL
WATER POLO
WEIGHTLIFTING
WRESTLING
YACHTING

Senior Resources

Mercer County Social Services
Adult Protective Services
Catholic Charities
East Windsor Township



Interfaith Caregivers of Greater Mercer County
Jewish Family & Children's Services
LIFE St. Francis
Meals on Wheels of Mercer County
Mercer County Board of Social Services
Mercer County Connection
Mercer County Consumer Affairs
Mercer County Legal Services for the Elderly
Mercer County Office on Aging and
Aging & Disability Resource Connection
Mercer County Surrogate
Mercer County Veteran Services
NJ Division of Deaf and Hard of Hearing
NJ Foundation for Aging
PAAD, Lifeline & Senior Gold Hotline
Ride Provide
Route 130 Connection Bus
Jewish Family Services / Secure at Home
Senior Dental Association
TRADE Transportation
Visiting Angels of Central Mercer County
Windsor-Hightstown Area Ministerium

(609) 989-4346
(609) 599-1246
(609) 443-4000
(609) 393-9922
(609) 987-8100
(609) 599-5357
(609) 695-3483
(609) 989-4320
(609) 890-9800
(609) 989-6671
(609) 695-6249

(609) 989-6661
(609) 989-6336
(609) 989-6120
(800) 792-8339
(609) 421-0206
(800) 792-9745
(609) 452-5144
(609) 989-6827
(609) 987-8121
(732) 821-9400
(609) 530-1971
(609) 883-8188
(609) 448-0103

Helpful Township Websites

Sign up for Township Municipal E-News and Special Events:

<https://www.east-windsor.nj.us/e-news>

To receive important township notifications:

<https://www.east-windsor.nj.us/nixle>

Spotlight East Windsor:

<https://www.east-windsor.nj.us/spotlight-east-windsor>

Pay Taxes Online:

<https://www.east-windsor.nj.us/pay-a-tax-bill>

